What we will measure using online questionnaires and who we will ask.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Mothers** | | **Children** | | | **Teachers** |
|  | **Self-evaluation** | **Child-evaluation** | **6 – 8 year-olds** | **9 – 10 year-olds** | **11 – 18 year-olds** | **Child-evaluation** |
| **COVID-19 Experiences** |  |  |  |  |  |  |
| Objective defined hardships | **√** |  | **√** | **√** | **√** |  |
| Past and current levels of distress | **√** |  |  | **√** | **√** |  |
| Current levels of stress | **√** | **√** |  | **√** | **√** |  |
| Coping strategies | **√** | **√** |  | **√** | **√** |  |
|  |  |  |  |  |  |  |
| **Mood, Behavior, and Health** |  |  |  |  |  |  |
| Mood states | **√** | **√** |  |  | **√** | **√** |
| Anxiety | **√** | **√** |  |  | **√** | **√** |
| General coping strategies | **√** |  |  |  |  |  |
| Behaviors |  | **√** |  |  | **√** | **√** |
| Attentional abilities |  | **√** | **√** | **√** | **√** | **√** |
| Resilience |  | **√** | **√** | **√** | **√** |  |
| General Health |  | **√** |  |  |  |  |
|  |  |  |  |  |  |  |
| **Family Functioning** |  |  |  |  |  |  |
| Resilience | **√** |  |  |  |  |  |
| Social Support | **√** |  |  |  |  |  |
| Parenting Styles | **√** |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **Sociodemographic Information** | **√** |  |  |  |  |  |

*The following is an outline and description of the questionnaires and interviews that will be administered during this research project.*

**a) Questionnaires about mothers’ functioning (approximately 45 minutes to complete)**

1. *COVID-19 Objective Hardship Questionnaire– Mother Version*:This questionnaire assesses events mothers might have experienced during the COVID-19 pandemic related to four general topics: Magnitude of the pandemic, Losses occurred during the pandemic, Changes experienced during the pandemic, and Threats experienced during the pandemic.

2. *Responses to Stress questionnaire*: This questionnaire asks how mothers coped with and reacted to COVID-19-related stressors.

3. *Impact of Events Scale:* This questionnaire assessed mothers’ current level of post-traumatic stress symptoms.

4. *Peritraumatic Distress Inventory and Peritraumatic Dissociative Experiences Questionnaire*: These questionnaires assess the levels of distress mothers may have experienced during your worst moment of the pandemic.

5. *Maternal Well-Being Questionnaire:* This questionnaire that mothers have completed during each previous assessment. It asked about mothers’ levels of depression, anxiety, parenting stress, parenting style, social support, marital satisfaction, coping styles, and sociodemographic information (e.g., education, income).

6. *The Family Resilience Assessment Scale:* This questionnaire asks mothers to rate how their family responds to challenging situations.

**b) Questionnaires mothers complete about their children’s functioning (approximately 45 minutes to complete)**

1. *Responses to Stress Questionnaire*: This questionnaire asks how mothers to assess how their children coped with and reacted to COVID-19-related stressors.

2. *Child Behavior Checklist:* This questionnaire asks mothers to assess their children’s social and emotional behavioral functioning

3. *Strengths and Difficulties Questionnaire:* This questionnaire asks mothers to assess their children’s functioning in terms of emotional and conduct problems, inattention, peer relations, and prosocial behavior.

4*. Parent Rating Scale* – Short version: This questionnaire asks mothers to assess their children’s attentional functioning.

5. *General Health Status:* This questionnaire, which is part of the Maternal Well-Being Questionnaire, asks mothers to rate their children’s general physical health.

**c) Questionnaires the children completes about their own functioning (approximately 60 minutes to complete)**

1. *COVID-19 Objective Hardship Questionnaire*– Child Version: This questionnaire assesses events the children might have experienced during the COVID-19 pandemic related to four general topics: Magnitude of the pandemic, Losses occurred during the pandemic, Changes experienced during the pandemic, and Threats experienced during the pandemic.

2. *Responses to Stress questionnaire*: This questionnaire asks how the children coped with and reacted to COVID-19-related stressors.

3. *Impact of Events Scale:* This questionnaire assesses the children’s current level of post-traumatic stress symptoms.

4. *Peritraumatic Distress Inventory and Peritraumatic Dissociative Experiences Questionnaire*: These questionnaires assess the levels of distress the children may have experienced during their worst moment of the pandemic.

5. *Child and Youth Resilience Measure – Revised*: This questionnaire assesses how the children rate their level of resilience when faced with difficult challenges.

6. *The Family Resilience Assessment Scale:* This questionnaire asks the children to rate how they feel their family responds to challenging situations.

7. *Youth Self-Report:* This questionnaire asks the children to evaluate their own social and emotional functioning.

8. *Strengths and Difficulties Questionnaire:* This questionnaire asks the children to assess their own functioning in terms of emotional and conduct problems, inattention, peer relations, and prosocial behavior.

9*. Self-Report Rating Scale – Short version*: This questionnaire asks the children to assess their own attentional functioning.

**d) Questionnaires the children’s teacher completes about the children’s functioning in school (approximately 20 minutes to complete)**

1. *Teacher Report Form*: This questionnaire asks teachers to evaluate the children’s social and emotional functioning at school.

2. *Strengths and Difficulties Questionnaire*: This questionnaire asks teachers to assess the children’s functioning at school in terms of emotional and conduct problems, inattention, peer relations, and prosocial behavior.

3. *Teacher Rating Scale – Short Version:* This questionnaire asks teachers to assess the children’s attentional functioning at school.

**e) Videoconference Interview**

The interview will take using a secure and confidential video conferencing application, such as Zoom Telehealth, WhatsApp or FaceTime. A research assistant will ask a series of questions concerning the psychological development of the children. More importantly, this interview will enable us to determine if (and how) the COVID-19 pandemic might have affected the children. The interviews will take approximately 120 minutes to complete